# Annual Report 2021-22









Institute of Social Development (ISD)

Kichha, Udham Singh Nagar, Uttarakhand

#### **Introduction of the Organization**

• Institute of Social Development (ISD) is a social organization registered under Indian Societies Registration Act 1860 on 18th August 2005 in Udham Singh Nagar district of Uttarakhand state in India. Organization is actively working in the villages that faced the most difficulties in accessing Government services and suffering from lack of health services, education, livelihood opportunities, drinking water and sanitation facilities. The organization is working for improving health and nutritional status of pregnant and lactating mothers and children, girl's education, woman empowerment, skill development Training, environmental sensitization and tree plantation, drinking water and its management, sanitation, delivering technical knowledge of progressive farming to the farmer.

#### Vision

 Healthy and productive human resources that contributes to Economic Growth and National Development.

#### Mission

 We promote and support for better understanding and create opportunities for strengthens human qualities.

#### **Our Objectives**

- To aware about rights and work for betterment of BPL Families and qualitative changes in their lifestyle.
- To aware the community about Prohibition of Female Feticide.
- To work for Population Control.
- To work for women empowerment (Health, Education, income generation and Rights)
- To work for all round development of children.
- To implement the activities for rural development (Drinking water, Sanitation, Road, Houses, Agriculture, income generation etc.)
- To conduct water conservation programs.
- To work for human resource development.
- To work for Indian art & Culture.
- To create awareness about HIV/AIDS & other communicable Diseases and implement training programs.
- To conduct Survey & Research work.

# **Our Presence**



Uttarakhand- Udham Singh Nagar, Champawat, Nainital, Pithoragarh

#### 1. Health and Nutrition

Geographical Area- Udham Singh Nagar, Nainital

**Target Community-** General Community, Underweight children, Pregnant and lactating mothers, Adolescent girls, Injecting drug users, Commercial sex workers and MSM community, Self Help Groups, Swasthya evam Swachhata Prahari Samiti

Lives touched-19600

Health and Nutrition Initiatives-

#### 1.1 Prevention of HIV/AIDS-

Targeted Intervention Project implemented by Institute of Social Development at

Sitarganj block of Udham Singh Nagar district and in Haldwani of Nainital district. This project is funded by Uttarakhand State AIDS Control Society and National AIDS control Organization (NACO), GoI. The main objective of the project is to prevent STI, HIV/AIDS among



FSW, MSM and injecting drug (IDUs) and their partners. Counseling services provided to the High Risk Groups and their partners for HIV, VDRL, ART and TB testing. HIV positive HRGs identified and referred for ART services. Health check up camp and IEC/BCC events organized for the target community.

#### 1.2 Addressing Malnutrition

Malnutrition indicates that children are either too short for their age or too thin. Children whose height is below the average for their age are considered to be

stunted. Similarly. children weight is below the average for their age are considered thin for their height is Together, the stunted and wasted. wasted children are considered to be underweight - indicating a lack of proper nutritional intake and inadequate care post childbirth. Malnutrition affects chances of survival for children. increases their susceptibility to illness, reduces their ability to learn, and makes them less productive in later life. It is estimated that malnutrition contributing factor in about one-third of all deaths of children under the age of 5.



Institute of Social Development implemented Aarogya project funded by TATA Motors Ltd. Sidcul, Pantnanagr, in Udham Singh Nagar under Corporate

Social Responsibility in rural and urban areas of Udham Singh Nagar. ISD organized community based events for caretaker of underweight children. Anganwadi kitchen garden initiative started by ISD in convergence with ICDS in Udham Singh Nagar. Lemon, Mango, Drum Stick, Litchi, Guava, Papaya saplings distributed to Anganwadi Workers. Poshan kit (Mung dal Khichadi, Protein powder and antiseptic soap) free distributed to



SAM and near to SAM children through ICDS. Monthly 350 poshan kits were distributed. Online sessions and counseling of caretaker done by the organization. Best mothers were awarded. ISD organized workshops on nutritional demands of children for caretakers of under 5 years.

#### 1.3 Health Awareness

Project focused on pregnant women, lactating mothers, adolescent girls, SAM and MAM children. Health awareness sessions conducted in Govt. schools and

Angawadi centers in the target areas. Major goal of the project was to ensure sustainable health and nutrition for women and children. Awareness session conducted on personal hygiene, menstrual hygiene, locally available low cost nutritious food and food products, Immunization, Exclusive breast feeding, supplementary food for 7 months and above children, water borne diseases, etc. Hb testing



camps were organized in schools and health and wellness centers in the selected project areas. Counseling were carried out as per the Hb report. Swasthya evam

Swachhata Prahari Samiti formed by the organization and capacity building training imparted to the members of SSPS. The roles of these members are to be aware about healthy habits for human being and for environment. Sensitized to follow the healthy habits while cooking, serving and eating foods or snacks. Arogya Sakhi whatsapp group of women and girls created during the COVID-19 lockdown to sensitize and build the



capacity of the members on health, nutrition, environment and legal services provided by the govt.

#### 1.4 Health Check up Camps

Outreach health check up camp were organised for underweight children and rural communities. Health screenings were done by the medical experts and high risk pregnancies, Hypertension, cardiac patients and critical cases were referred to the higher govt centres. Sugar and Hb testing and free medicines were given to the patients. Mostly camps organised in tribal areas.

# 2. Education Initiatives

Vidyadhanam project supported by Tata Motrs Ltd. Pantanagr and implemented by Institute of Social development (ISD), Kichha, Udham Singh Nagar in 12 govt. high schools and inter colleges and in one govt. aided School. Special coaching project implemented in SGNGIC



Rudrapur, GGIC Fazalpur Maharoula, GHS Nagla, Shantipuri and Ramjeevanpur. Five coaching teachers appointed to teach English, Math and Science to 420 students. Scholarship project implemented in GGIC Fazalpur Maharoula, Sri Gurunanak Girls Inter College, Rudrapur, GGIC Pantnagar, GHS Shantipuri, GHS Nagla. Students were selected after written test and viva. ISD and TML team jointly selected 250 students for Scholarship. Students paid rupees six hundred per month up to six months in their personal saving account. Study kit material, School bag, Note books-3, geometry box and dictionary provided to the meritorious students. Extracurricular activities, essay writing and poster making competition, rally, etc. organized in these schools. Special coaching and scholarship project not only help to improve their studies but also enhance their personality.

#### **Extracurricular activities-**

- Recognized those students were actively participated in sports and other competition
- Recognized meritorious.

#### 2.1 Scholarship distribution

250 students were selected for scholarship after written examination and Viva. Six hundred rupees per month up to six months transferred in their personal accounts.

## 2.2 Coaching classes

Special coaching classes were conducted in SGNGIC Rudrapur, GHS Nagla and Ramjeevan pur, GGIC Fazalpur and GHS Shantipuri. Coaching teachers appointed to teach English, Maths, and Science to 797 students. TAAP criteria followed in the student's selection. Tests were taken every month by coaching teacher and oral test were taken by ISD and TML team members. Online coaching classes of Maths, science and SST for the students. There were 6 classes were taken in a week. Students were appreciated the online classes and they were saved upto Rs.2000 per month by joined online classes.

#### 2.3 School Infrastructure

200 set school furnitures and 86 green boards handover to the principals of govt. selected schools. Toilet construction and school building renovation done in GIC Bara, Model GGIC Pantnagar, GIC Audali and GGIC Bazpur

# 3. Agriculture and Allied Activities

Pahsaini, Kalyanpur, Bamanpuri, Vidora Majhola and Kulha villages selected for agriculture and allied activities. Wormi composting, Mushroom growing, Bakery and Bee Keeping training provided to the farmers and SHG members of these villages. 250 farmers oriented on farming techniques and handicrafts making training. Marketing supports provided to the farmers and shg members. Products such as bent and munj crafts, haldi, garlic and spices demonstrated at Stalls organised by GBPUA&T Pantnagar,



Tata Motors, Ashok Leyland and other agencies in Pantnagar, Rudrapur and Dehradun. Farmers Producer Organization (FPO) supported in accessing credit linkages services offered by the bankers.

#### 4. Skill Development Training

# 4.1 Skill Development Training (Motor Driving and Motor Mechanique, Beauty Parlor and Fashion Designing)

Skill Development Training organized by ISD with the financial support of TATA Motors Ltd. Pantnagar. Fashion designing training center developed at community bhawan Dariya Nagar and more than 200 women get trained. Motor Driving training imparted to 80 and motor mechanique to 25 unemployed youths



#### 4.3 Jute Bag Making Training

Jute bag making skill development training imparted to 20 women in Khamariya village with the financial assistance of Minority affairs and waqf vikas nigam Ltd. USN. This course was completed in 30 days.

# 4.4 Domestic Data Entry Course (under DDUGKY)

ISD selected as a Project Implementing partner for Pt. Deen Dayal Upadhyay Gramin Koushalya Yojana(DDUGKY) by the Rural Development Uttarakhand. Department, 90 unemployed youths from Nainital, Udham Singh Nagar, Champawat and Pithoragarh were selected



and imparted training for six months after evaluation more than 80% trainees were placed.

## **5** .Self Help Group Empowerment

Capacity building sessions organized by ISD for empowerment of self help group members in Rudrapur block and sitarganj block of Udham Singh Nagar. 120 SHGs were trained on record keeping, bank linkages and on entrepreneurship development. SHGs members were insured by banks and other insurance companies. Most of the SHG members started income generation activities and increased their income. SHGs were linked to banks for credit linkages.

#### **6. Farmers Produce Organizations**

ISD with financial support of NABARD formed two FPOs, one in Rudrapur and another in Sitarganj block of Udham Singh Nagar District. In each FPOs board members selected by communities in an open meeting and they collected and deposited their share capital in the FPOs account. Various meetings conducted in the villages to build up their capacities. Representatives and Scientists of Krishi Vigyan Kendra visited the villages and counseled farmers on diseases and their cure of different crops. In Audali village FPO members started turmeric business and they sold it in mela and in open markets. While Bhanga FPOs started business to buy agri products from the village and sold it in near mandi. It was very effective for small farmers, they sold their products in their village without any loading and unloading charges at the market rates. FPO Audali started business of bent hanicrafts. FPO provided raw material to the SHGs members and paid them their wages. Bent and munj grass products sold in local hat and in Melas.



# 7. Environmental Sensitization and Tree Plantation

Clean and green environment is the need of every human being. Trees not only gives oxygen but it fulfills our day today needs, provide shelter for God creations. Prevent from soil erosion and ultimately help in water conservation. ISD organized

awareness activities for students and community and tried to sensitize about water saving and conservation need of planting trees, leave the habit to use single use plastics. 5000 saplings planted in tribal villages and in schools. 6000 lives touched and oriented on facts and effects of environmental pollution. Solid waste management campaign organized in the 20 villages of Rudrapur and Khatima block of Udham Singh Nagar of Uttarakhand.

Paryavaran Praharis in ten villages selected and oriented on the measures for environment conservation.

#### 8. Drinking Water Project

ISD selected as an implementing support agency for Jal Jeevan Mission project in Nainital and Udham Singh Nagar. Household survey, VWSC formation and orientation and community action plan prepared jointly by VWSC and ISD. Community awareness sessions held in 30 villages on Safe drinking water and its prevention from contamination.



# **Collaborations**

Our work is made possible through financial partnerships and individual donations. We thank all our donors for their continued support. We gratefully acknowledge support from:

- a. National Bank for Agriculture and Rural Development (NABARD)
- b. Uttarakhand State AIDS Control Society
- c. Department of Health & Family Welfare, Govt. Of India
- d. Department of Women and Child Development, Uttarakhand
- e. Minority Welfare and Wakf Development Corporation
- f. Ministry of Minority Affairs, Govt. of INDIA
- g. TATA Motors Limited, Pantnagar
- h. Fusion Micro Finance Pvt. Ltd. Delhi
- i. Swajal Project, Udham Singh Nagar.
- j. Uttarakhand Peyjal Nigam Khatima and Rudrapur
- k. Uttarakhand Jal Sansthan Haldwani, Rudrapur and Khatima

# **Glimpses of Activities**

# Online Sessions during COVID-19 Lockdown



































































